



**Carmen Kastrov, LPCC, CCM, Executive Director,
Behavioral Health Integration, CalOptima**

Carmen Katsarov leads Behavioral Health Integration at CalOptima Health, the largest of the county organized health system managed care plans in California. In this role, Carmen oversees all aspects of behavioral health management, including the rollout of new state initiatives. With more than 25 years of experience in clinical practice and leadership, Carmen is a seasoned Social Worker, Licensed Professional Clinical Counselor, and Certified Case Manager. Carmen's diverse background spans community nonprofit work, hospital settings, utilization management, case management, and managed care. Carmen has directed behavioral health services across Commercial, Medicaid, and Medicare managed care programs. Additionally, Carmen contributes expertise as a member of the CalHHS Behavioral Health Task Force.