

About this document

This resource provides vital guidance for medical organizations, health care providers, and finance teams across California on the accurate and compliant use of Behavioral Health Integration (BHI) billing codes within primary care settings. Designed to support effective implementation of integrated behavioral health services, the guide offers a comprehensive overview of BHI care models and associated billing codes, strategic insights to optimize billing workflows, and reimbursement. It is aligned with both state and federal standards, including Medi-Cal and Medicare, and incorporates updates taking effect in 2025 (in green). The document includes code groupings relevant to:

- Ι. Primary Care Behavioral Health (PCBH) Codes
- II. Collaborative Care Model (CoCM) Codes
- III. General Screening and Care Coordination Integration Codes
- IV. Community Health Worker Services Billing Codes
- V. Screening, Brief Intervention and Referral to Treatment (SBIRT)
- VI. **Dyadic Services CPT Codes**

California Health Plans and Behavioral Health Management Appendix.

How to use this document

- Collaborate with Billing and Finance Teams: Collaboratively review the guide with key stakeholders to identify CPT codes that accurately reflect the services provided. Reference the CMS 2025 Physician Fee Schedule to estimate reimbursement for CPT codes and assess fiscal viability. Additional Resources for Federally Qualified Health Centers (FQHCS): National Association of Community Health Centers (NACHC) Medicare Billing Lingo, NACHC Summary of Medicare Care Management Services, and NACHC Reimbursement Tips: Behavioral Health Integration (BHI).
- Integrate into Educational & Training Materials: Adapt content for internal use by providers, care teams, and billing staff which can include presentations, onboarding modules, workflow diagrams, and job aides that support consistent documentation, compliance, and appropriate billing.
- Support Workflow Design & Optimization: Use the guide to map billing codes to care team roles and patient touchpoints—this helps clarify who delivers what, when, and under whose supervision, reducing ambiguity and streamlining service documentation.

Disclaimer

- The guidance in this document provides a general overview specific to California; however, coverage and frequency limits vary by insurer.
- For accurate information on billing, reimbursement, and service limits, refer to each insurer's official resources. Please note that links may change or become inactive over time.
 - Medicare: CMS Behavioral Health Integration Services and Medicare & Mental Health Coverage
 - Medi-Cal (California): All Provider Manuals
 - For commercial health plans and managed behavioral health organizations, consult their specific billing guidelines and provider manuals.



- Patient consent requirements may differ by organization and insurer. Always reference your internal policies and the payer's regulations for details related to documentation and consent protocols.
- I. Primary Care Behavioral Health (PCBH) Codes
- These codes are typically billed under the patient's Behavioral Health Benefit, which may involve cost-sharing depending on the payer.
- CPT codes used within the PCBH model must be paired with an appropriate Health and Behavior ICD-10 diagnosis—reflecting behavioral factors affecting physical health conditions. *Primary Diagnosis Requirement*: Mental health condition must be the principal reason for the visit.
- Code pairings and billing practices are based on standard healthcare billing protocols. For the most accurate guidance, refer to the:
 - AMA CPT Codebook
 - o ICD-10-CM Official Guidelines published by the Centers for Medicare & Medicaid Services (CMS)
- This list is not exhaustive, but highlights commonly used codes for integrated care services delivered in primary care settings aligned with the PCBH model.

Code & Service	Time	Service Description	Required Documentation	Billing Provider Types			
	sychotherapy Billing Codes rimary Diagnosis Requirement: Mental health condition must be the principal reason for the visit.						
90791	16 – 90 minutes,	Diagnostic assessment, diagnostic clarification, or a biopsychosocial	Diagnoses, rationale for the diagnosis and a written treatment plan in the Subjective,	 Independently Licensed Insurer Enrollment/Credentialing 			
Diagnostic Psychiatric Evaluation	typically 60- minutes	assessment identifying factors of mental illness, functional capacity and additional information used for the treatment of mental illness. Determination based on the	data. Prior diagnostic assessment is not	Psychologist (PsyD, PhD) Social Worker (LCSW) Marriage and Family Therapist (LMFT) Clinical Counselor (LPCC)			
		diagnosis.	Supportive documentation requirements can vary significantly across insurers, which may not align well with the delivery of PCBH services. Given the inconsistent restrictions on the number of times these services can be billed, please refer to the insurer's manual for billing frequency and use.	, ,			



Code & Service	Time	Service Description	Required Documentation	Billing Provider Types
90832	30 minutes	Individual psychotherapy, insight	Time spent with the patient, therapeutic	
	(16-37 min)	oriented, behavior modifying	communication, attempts to alleviate the	
Individual		and/or supportive, face-to- face	emotional disturbances or change maladaptive	
Psychotherapy		with the patient.	patterns of behavior.	
90834	45 minutes			
	(38-52 min)	Typically, 1-6 visits per presenting	PCBH documentation mirrors primary care SOAP	
Individual		problem (90832).	note.	
Psychotherapy				
90837	60 minutes			
	(≥53 min)			
Individual				
Psychotherapy				
Health & Behavio	r Codes			
Primary Diagnosis F	Requirement: M	edical diagnoses are the primary reason f	for this intervention	
96156	Not timed	Used when identifying the	Onset and history of physical illness, rationale for	Independently Licensed
		psychological, behavior, emotional,	assessment, assessment outcome, including	2. Insurer Enrollment/Credentialing
Health &	Event-based	cognitive and social factors	mental status and ability to understand or	
Behavior		important to the prevention,	respond meaningfully, and goals and expected	Psychologist (PsyD, PhD)
Assessment		treatment or management of	duration of specific psychological intervention(s),	Social Worker (LCSW)
		physical health problems.	if recommended. Limited to a maximum of two	Marriage and Family Therapist (LMFT)
			units per rolling 180 days, any provider.	Clinical Counselor (LPCC)
96158	30 minutes		Evidence indicates that the patient has the	
	(16-37	Health behavior intervention,	capacity to comprehend and respond	
Individual	minutes)	individual, face-to-face; initial.	meaningfully. A psychological intervention has	
Intervention			been planned, outlining specific goals and	
			expectations to enhance compliance with the	
			medical treatment plan. The frequency and	
			duration of the services are established, with an	
			aim to improve overall outcomes.	



Code & Service	Time	Service Description	Required Documentation	Billing Provider Types
			1 unit per day – max 8 units per rolling 180 day, by any provider.	
96159	15 minutes	Health behavior intervention,	Must be used with 96158 as an add-on code. 2	_
	add-on to	individual, face-to-face; each	units per day -max of 14 units per rolling 180	
Individual	96158	additional 15 minutes (list	days, by any provider	
Intervention –		separately in addition to code for		
extended time	(38+ minutes	primary service)		
	with 96158)			
Key: most freque	nt <mark>less frequen</mark>	t infrequent		

II. Collaborative Care Model (CoCM) Codes

- These codes are typically billed by the Primary Care Treating Provider and encompass services delivered by the full Collaborative Care team.
- Billed under the patient's medical benefit, which may include cost-sharing depending on insurer policy.
- A standard episode of care spans approximately 3 to 9 months, depending on clinical need and patient progress.
- Successful billing requires participation from a Primary Medical Provider, a Behavioral Health Care Manager, and a Psychiatric Consultant—all working in a coordinated, team-based approach.
- Time spent on CoCM services is tracked cumulatively over the calendar month, and appropriate CPT codes are selected based on the total monthly time.
- Location-specific billing guidelines may apply. Always consult with your organization's billing specialists or payer representatives to confirm local policies and coverage.
- Resources for FQHC: <u>NACHC Medicare Billing Lingo</u>, <u>NACHC Summary of Medicare Care Management Services</u>, and <u>NACHC Reimbursement Tips:</u> Behavioral Health Integration (BHI).

Code & Service	Time	Description	Required Documentation	Billing Provider Types		
CoCM Codes	CoCM Codes					
Psychiatric/mental health diagnosis including substance use disorders that warrants behavioral health interventions.						



Code & Service	Time	Description	Required Documentation	Billing Provider Types
99492	70 minutes	Initial psychiatric collaborative care	Initial assessment of the patient, including	Billing must be submitted under the
	(36-85 min)	· · · · ·		primary care treating provider (see
FQ - G0512		care manager activities, in	the development of an individualized treatment	treating/billing provider list below). They
	FQ – 70 min	consultation with a psychiatric	plan.	must have an independent licensure and
Collaborative		consultant, and directed by the		be enrolled and credentialed with
Care (CoCM)		treating physician.	Patients identified by scores on validated rating	insurers.
initial month			scales.	
		Monthly billing of care episodes is		Team of 3 (one from each category)
		determined by time spent by care	Episode of care ends when patient meets goal	
		team.	tracked by validated ratings scales or referred	Treating/Billing Provider:
			to a higher level of care.	Physician (MD and DO)
		Continuity of care with a		Nurse Practitioners (NP)
		designated member of the care	Patients progress tracked by registry.	Physician Assistant (PA)
		team.		, , ,
			Weekly review with psychiatric consultant with	Behavioral Health Care Manager
			modifications of the plan if recommended.	Mental Health Counselor (Masters-level,
				licensure candidate, or trainee)
99493	60 minutes	Subsequent psychiatric	Track patients and progress using registry.	Marriage and Family Therapist (MFT,
	(31-75 min)	collaborative care management.		AMFT, LMFT)
FQ - G0512			haa 11 1 1	Social Worker (MSW, ACSW, LCSW)
	FQ – 60 min	Continuity of care with members of	l to t	Registered Nurse RN (BSN recommended)
Collaborative		the care team.		Nurse Practitioner (NP with behavioral
Care (CoCM)			Provision of brief interventions.	health experience)
subsequent			Monitoring patient outcomes.	Psychologist (PhD or PsyD)
month				Bachelor's-Level Provider (With relevant
99494	30 minutes	Additional time per month	In conjunction with 99492 or 99493, an add-on	behavioral health training and
		collaborative care management.	laada fan aask additianal 20 minutaa add an wate	supervision)
Collaborative			4 times per calendar month for Medicare, in a	
Care (CoCM) add-			calendar month of behavioral health care	Psychiatric Consultant
on			manager activities.	- 5,5



Code & Service	Time	Description	Required Documentation	Billing Provider Types
G2214	30 minutes	Initial or subsequent psychiatric	Initial assessment or follow-up of the patient,	Physician (MD and DO)
		collaborative care management,	including administration of validated rating	Nurse Practitioner (NP)
CoCM – First or		first	scales, with the development of an	Physician Assistant (PA)
Subsequent Care		30 minutes in a month of	individualized treatment plan.	, , ,
Management		behavioral health care manager		
Activities		activities.	Weekly review with psychiatric consultant with	
			modifications of the plan if recommended.	

^{*}Codes specific to Federally Qualified Health Centers (FQHCs) are described with FQ. Text reflects changed in 2025.

III. General Screening and Care Coordination Integration Codes

- These codes support Behavioral Health Integration (BHI) workflows and are not tied to any specific care model—making them flexible tools for various clinical settings.
- May be billed by a:
 - $\circ \quad \text{Primary Care Treating Provider} \\$
 - o Licensed Clinical Behavioral Health Provider
 - o Trained ancillary personnel, as permitted by payer policy
- In some cases, services may be delivered by a non-billable provider (e.g. CHQ or care coordinator) under the supervision of a billable provider.

Code & Service	Time	Description	Required Documentation	Billing Provider Types		
Care Coordination	Care Coordination Codes					
99484	20+ minutes	Care management services for behavioral health conditions.	Initial assessment/follow up of the patient, including administration of validated rating	Federally Qualified Health Centers (FQHC) requires:		
FQ* - G0511**		BHI is a monthly service based	scales, coordination with care team.	 Independently Licensed Insurer Enrollment/ Credentialing 		
General		upon several core elements,				
Behavioral		including:		Physician (MD and DO)		



Code & Service	Time	Description	Required Documentation	Billing Provider Types
Health Integration		 A systematic assessment Continuous patient monitoring Care plan creation and revision Facilitation and coordination of behavioral health treatment A continuous relationship with a designated care team member 		Nurse Practitioner (NP) Physician Assistant (PA) Certified Nurse Midwife (CNM)
G0323 General Behavioral Health Integration	(20 minutes /month) clinical staff time	Initial assessment/follow-up monitoring; use of applicable validated rating scales; behavioral health care planning; facilitating, coordinating and/or referral to treatment; and continuity of care with a designated member of the care team. Continuous relationship with a designated member of the care team.	Administration of applicable validated rating scale(s): Systematic assessment and monitoring, using applicable validated clinical rating scales. Care planning by the primary care team jointly with the beneficiary, with care plan revision for patients whose condition is not improving. Facilitation and coordination of behavioral health treatment.	Independently Licensed Insurer Enrollment/ Credentialing Psychologist (PsyD, PhD) Social Workers (LCSW) Marriage and Family Therapist (LMFT) Clinical Counselor (LPCC)

Principal Illness Navigation (PIN) Codes

Designed to support patients with serious, high-risk medical or behavioral health conditions expected to last at least three months.



Code & Service	Time	Description	Required Documentation	Billing Provider Types
G0023 Principal Illness Navigation services	60 minutes /month	Primarily accepted by Medicare. Follow-up with other insurers for coverage. Initial monthly person-centered services performed to better understand and support individual context of the serious, high-risk condition.	 Initial visit per calendar month and additional monthly add on for: Conducting a person-centered interview to understand the patient's life story, strengths, needs, goals, preferences and desired outcomes, including understanding cultural and linguistic factors, and including unmet SDOH needs (that are not billed separately) Facilitating patient-driven goal setting and establishing an action plan 	Certified or trained* auxiliary personnel under the direction of a physician or other provider, including a patient navigator or certified peer specialist. *Trained or certified in the competencies of patient and family communication, interpersonal and relationship-building, patient and family capacity building, service coordination and systems navigation,
G0024 Principal Illness Navigation services Add-on	30 minutes/ month	Add on monthly person-centered services performed to better understand and support individual context of the serious, high-risk condition.	 Providing tailored support as needed to accomplish the person-centered goals in the provider's treatment plan Assist the patient in communicating with their providers, home- and community-based service providers, hospitals, and 	patient advocacy, facilitation, individual and community assessment, professionalism and ethical conduct, and developed an appropriate knowledge base, including specific certification or training on the serious,
G0140 Principal Illness Navigation services	60 minutes /month	"Peer support" for patients with behavioral health conditions. Initial monthly person-centered services performed to better understand and support individual context of the serious, high-risk condition.	skilled nursing facilities (or other health care facilities) regarding the patient's psychosocial strengths and needs, goals, preferences, and desired outcomes, including cultural and linguistic factors • Facilitating access to community-based social services (e.g., housing, utilities,	high-risk condition, illness, or disease being addressed.
G0146 Principal Illness Navigation services Add-	30 minutes /month	"Peer support" for patients with behavioral health conditions. Add on monthly person-centered services performed to better understand and support	transportation, food assistance) as needed to address SDOH need(s)	



Code & Service	Time	Description	Required Documentation	Billing Provider Types
on		individual context of the serious, high-risk condition.		
Administration of	of Patient-Focu	sed Health Risk Assessment Instrum	nent	
Evaluate a patier	nt's overall hea	Ith status and identify specific risk fa	ctors.	
96160 Administration	Not timed Event-based	All ages (pediatric to adult) Instrument-based assessments	Record the results from these assessments to ensure comprehensive evaluation and	 Independently Licensed Insurer Enrollment/ Credentialing
of Patient- Focused Health	Event-based	evaluate a patient's risk for specific health conditions and	appropriate support for patient. Must ensure that the assessment is	Physician (MD, DO) Nurse Practitioner (NP)
Risk Assessment Instrument		behaviors that may negatively impact their health. These assessments also weigh the pros	administered and scored using a standardized instrument, and the results are documented appropriately.	Physician Assistant (PA) Social Worker (LCSW) Psychologist (PsyD, PhD)
(e.g., Behavioral Assessments)		and cons of initiating behavior changes.		Marriage and Family Therapist (LMFT) Clinical Counselor (LPCC)
		For example, the HEEADSSS interview is a comprehensive assessment tool that focuses on: Home Environment Education and Employment Eating Peer-related Activities Drugs Sexuality Suicide/Depression		These professionals must ensure that the assessment is administered and scored using a standardized instrument, and the results are documented appropriately.
06161		Safety from Injury and Violence	Dogard the recults from these assessments to	
96161	Not Timed	Primarily for maternal	Record the results from these assessments to	
Administration	Not Timed	population.	ensure comprehensive evaluation and appropriate support for caregivers.	



Code & Service	Time	Description	Required Documentation	Billing Provider Types
of Caregiver- Focused Health Risk Assessment Instrument (e.g., Postpartum Depression Screening)	Event-based	Evaluate the caregiver's risk for health conditions that may impact their ability to care for the patient. Assessment Tools: Safe Environment for Every Kid (SEEK) Caregiver Strain Index (CSI) Edinburgh Postnatal	Must ensure that the assessment is administered and scored using a standardized instrument, and the results are documented appropriately.	
Depression/ Anx	iety Screening	Depression Scale (EPDS) Codes		
96127 Brief Emotional/Beh avioral Assessment	Not timed	All ages (pediatric to adult) Used for brief emotional and behavioral assessments, including screenings for depression, anxiety, ADHD, and other behavioral health conditions.	Can be billed for each individual screening conducted. For example, if both a PHQ-9 (for depression) and a GAD-7 (for anxiety) are administered during a visit, each can be billed separately under 96127. Can be billed up to four times per patient per visit.	1. Independently Licensed 2. Insurer Enrollment/Credentialing Physician (MD and DO) Nurse Practitioner (NP) Physician Assistant (PA) Certified Nurse Midwife (CNM) Psychologist (PsyD, PhD) Social Worker (LCSW) Marriage and Family Therapist (LMFT) Clinical Counselor (LPCC) *Other qualified healthcare professionals who are authorized to perform and bill for brief emotional/behavioral assessments under state law and within their scope of practice.



Code & Service	Time	Description	Required Documentation	Billing Provider Types
G0444	Not timed	Ages 18 and up	Reimbursable once per year for Medicare	Physician (MD and DO)
			patients. Ensure proper documentation of	Nurse Practitioner (NP) Physician
Annual	Event-based	Medicare-specific code is for	the screening to comply with Medicare	Assistant (PA)
Depression		annual depression screenings	requirements.	Social Worker (LCSW)
Screening		conducted in adults. Typically		Psychologist (PsyD & PhD) Other
		used during the Annual Wellness		qualified healthcare professionals who
		Visit (AWV).		are authorized to perform and bill for
				brief emotional /behavioral
				assessments under state law and within
Annual Alashal I	Misses Compani			their scope of practice.
Annual Alcohol I	1		T	1
G0442	15 minutes	Adults aged 18 and older	Medicare-specific code for annual alcohol	1. Independently Licensed
		(Medicare only)	misuse screening.	2. Insurer Enrollment/ Credentialing
Annual Alcohol				
Misuse		1 time annually	Reimbursable once per year during a	Physician (MD, DO)
Screening			Medicare Annual Wellness Visit (AWV).	Nurse Practitioner (NP)
				Physician Assistant (PA)
G0443	15 minutes	Adults aged 18 and older	Document the counseling session, including	Social Worker (LCSW)
District		(Medicare only)	the time spent and the content of the	Psychologist (PsyD, PhD)
Brief Face-to-		Constitution of the leaders	counseling.	Marriage and Family Therapist (LMFT)
Face		Counseling session for alcohol	Francisco the conversion follows the Fire As	Clinical Counselor (LPCC)
Behavioral		misuse.	Ensure the counseling follows the Five As	Nurse Midwife (CNM) & Cortified Nurse
Counseling for Alcohol Misuse		Un to 4 times appually	approach: Assess, Advise, Agree, Assist, and	Nurse Midwife (CNM) & Certified Nurse Specialist (CNS) - Accepted by Medicare
Aiconoi iviisuse		Up to 4 times annually	Arrange.	Only and some Medicaid plans
Interprefessions	 Tolonhone / !:	 nternet/ Electronics Health Record (Offig and some inedicald plans
interprofessiona	ii reiepiioiie/ ii	internety Electronics Health Record	Consultations	



Code & Service	Time	Description	Required Documentation	Billing Provider Types
99446 Non–face-to-face for interprofession al consults 99447 Non–face-to-face for interprofession al consults 99448 Non–face-to-face for interprofession al consults 99449 Non–face-to-face for interprofession al consults	5-10 minutes 11-20 minutes 21-30 minutes 31+ minutes	These services involve a treating provider (e.g., PCP, NP, PA) requesting input from a consulting provider (e.g., specialist, psychologist, psychiatrist) via: Telephone Internet (email, secure messaging) Electronic Health Record (EHR) The consulting provider reviews the patient's case and provides clinical guidance, either verbally or in writing, without a face-to-face visit.	 Key Billing Conditions: Consultant must not have seen the patient in the past 14 days No face-to-face visit planned within the next 14 days Must provide both verbal and written reports to the requested provider Patient consent must be obtained and documented Only one code may be billed per patient per 7-day period Required documentation: Consult Request Consent Time Tracking Service Description Non-face-to-face contact No transfer of care Avoid duplicative billing: CoCM codes should not be billed alongside overlapping services.	1. Independently Licensed 2. Insurer Enrollment/ Credentialing Physician (MD, DO) Nurse Practitioner (NP) Physician Assistant (PA) Clinical Psychologist (PsyD, PhD) Nurse Midwife (CNM) Certified Nurse Specialist (CNS)
99451 Non–face-to-face for interprofession	≥5 minutes	The consulting provider reviews the patient's case and provides clinical guidance, in writing only, without a face-to-face visit.		



Code & Service	Time	Description	Required Documentation	Billing Provider Types
al consults				
99452 Non–face-to-face for interprofession al consults Digital Mental H	16-30 minutes	Treating provider referral preparation and communication. nt (DMHT) Devices		
	1		Desumentations	1 Independently Licensed
Digital Mental Health Treatment (DMHT) Devices	Tied to DMHT	The billing provider must incur the cost of furnishing the device and deliver it incident to their professional services within a recognized behavioral health treatment plan. DMHT services include: Supplying a DMHT device (e.g., FDA-cleared therapeutic software or app) as part of incident-to care Providing initial education and patient onboarding Delivering the device per course of treatment, not per visit or month These services must be integrated into an ongoing plan of care for a diagnosed mental health condition, documented	 Mental health diagnosis requiring DMHT intervention Behavioral health plan of care that incorporates the device Confirmation that the device is FDA-cleared or De Novo authorized under 21 CFR 882.5801 Summary of initial education and onboarding provided to the patient Evidence that the billing provider incurred the cost of furnishing the device Additionally, the service must be delivered incident to the provider's professional services, and patient consent for device use and any cost-sharing must be recorded. G0553 and G0554 must include: 	1. Independently Licensed 2. Insurer Enrollment/ Credentialing Physician (MD, DO) Nurse Practitioner (NP) Physician Assistant (PA) Social Worker (LCSW) Psychologist (PsyD, PhD) Marriage and Family Therapist (LMFT) Clinical Counselor (LPCC) Nurse Midwife (CNM) & Certified Nurse Specialist (CNS) - Accepted by Medicare Only and some Medicaid plans



Code & Service	Time	Description	Required Documentation	Billing Provider Types
		and supported by appropriate clinical and billing records.	Time Spent Summary of clinical insights and adjustment to sare plan	
Digital Mental Health Treatment (DMHT) Devices Interaction	First 20 minutes	Directly related to the patient's therapeutic use of an FDA-cleared DMHT device. Includes: Reviewing patient-generated data and observations One interactive	 adjustment to care plan Details of interactive communication (e.g. phone, video, secure massaging) Linkage to behavioral health goals Avoid duplicative billing: CoCM codes should not be billed alongside overlapping services. 	
G0554 Digital Mental Health	Each additional 20-minute	communication with the patient or caregiver		
Treatment (DMHT) Devices Interaction				

^{*}Codes specific to Federally Qualified Health Centers (FQHCs) are described with FQ.

IV. Community Health Worker (CHW) Services Billing Codes

- Services delivered by Community Health Workers (CHWs) must be provided under the supervision of a licensed provider, hospital, or outpatient clinic, as defined by Title 42 CFR § 440.90.
- These billing codes were recently added to Medi-Cal, with an effective date of April 1, 2025.
- Commercial payer adoption is not yet universal—verify coverage with individual health plans.
- While not exclusive to Behavioral Health Integration (BHI) models, these codes can be effectively leveraged within BHI frameworks to support person-centered care.

^{**}G0511 can be billed multiple times in one month for distinct services (i.e. BHI, CCM, RCM)



• For complete billing and policy guidance, refer to the Department of Health Care Services (DHCS) Medi-Cal website and Provider Manual documentation.

Code & Service	Time	Description	Required Documentation	Provider Types			
Self-Managemer	Self-Management Education and Training						
98960 Self- management education and training for individual patient 98961 Self- management education and training for 2-4 patients 98962 Self- management education and training for 5-8 patients	30 minutes	Education and training for patient self-management provided by a qualified, nonphysician health care professional. Services are delivered face-to-face using a standardized curriculum, and may include participation of caregivers or family members. Billed in 30-minute increments, with CPT codes varying based on the number of patients present: 98960 – Individual session (1 patient) 98961 – Group session (2–4 patients) 98962 – Group session (5–8 patients)	Self-management education can be delivered by a billing provider directly or if a CHW delivers the service, CHW must be supervised by a licensed provider. Documentation must focus on face-to-face education include: Date and duration of each service Nature of the service ICD-10 diagnosis code Plan of care or treatment plan Consent Modifier U2 (Denotes services delivered by CHW) Documentation must be accessible to the supervising provider and maintained for audit purpose.	Eligible billing entities include: Licensed provider* Clinic, including FQHC Hospital Community-Based Organization (CBO) Local Health Jurisdiction (LHJ) Pharmacy CHW must be supervised by a qualified** licensed nonphysician provider*: Nurse Practitioner (NP) Physician Assistant (PA) Certified Nurse Midwife (CNM) Certified Nurse Specialist (CNS) Podiatrist Registered Nurse (RN) Social Worker (LCSW) Psychologist (PsyD, PhD) Marriage and Family Therapist (LMFT) Clinical Counselor (LPCC) Dentist Pharmacist Vocational Nurse (LVN)			
Community Heal	Community Health Integration (CHI) Service						



Code & Service	Time	Description	Required Documentation	Provider Types
(Medicare)	First 60 minutes per month	Delivered by trained auxiliary personnel (e.g., CHWs) under the supervision of a licensed provider to address social determinants of health (SDOH) that hinder diagnosis or treatment. Activities include: • Person-centered assessment: Understanding the patient's context, strengths, cultural factors, and unmet SDOH needs • Goal setting & tailored support: Assisting with action planning aligned to treatment goals • Care coordination: Connecting with healthcare, social service, and community providers; managing transitions across care settings • Access facilitation: Navigating essential community services (e.g., housing, food, utilities) • Health system navigation: Identifying appropriate providers and helping secure appointments	Must address documented social determinants of health (SDOH) that impact diagnosis or treatment includes: Person-centered assessment and goal setting Care coordination across health and social services Health system navigation Patient education and self-advocacy Emotional and social support Use of lived experience when applicable Documentation must be tied SDOH, initiating visits, and care plans and include: Date and duration of each service Barrier of care ICD-10 diagnosis code Plan of care or treatment plan Consent Modifier U2 (Denotes services delivered by CHW) Documentation must be accessible to the supervising provider and maintained for audit purpose.	Eligible billing entities include: Licensed provider* Clinic, including FQHC Hospital Community-Based Organization (CBO) Local Health Jurisdiction (LHJ) Pharmacy CHW must be supervised by a qualified** licensed provider*: Physician (MD, DO) Nurse Practitioner (NP) Physician Assistant (PA) Certified Nurse Midwife (CNM) Certified Nurse Specialist (CNS) Podiatrist Registered Nurse (RN) Social Worker (LCSW) Psychologist (PsyD, PhD) Marriage and Family Therapist (LMFT) Licensed Professional



Code & Service	Time	Description	Required Documentation	Provider Types
		 Health education: Personalizing clinical guidance to reflect patient needs, preferences, and SDOH context Behavioral change support: Promoting motivation, participation, and goal attainment for diagnosis and treatment Social & emotional support: Helping patients cope with health concerns and adjust routines to support recovery Self-advocacy skills: Empowering patients to engage with care teams and community-based supports Lived experience mentorship: When applicable, offering inspiration, validation, and guidance rooted in shared 		
G0022	Each add 30	experience CHI services, each additional 30	Must be billed in with G0019	
Medicare	minutes	minutes per calendar month (list		
	beyond	separately in addition to G0019)		
CHI Services	initial up to			
	3 times			
** Confirm which	n provider type	s are recognized as eligible superviso	ors for CHW-delivered services and other billable	activities.



V. Screening, Brief Intervention, and Referral to Treatment (SBIRT) Codes

- SBIRT codes may be billed by a:
 - o Primary Care Treating Provider
 - o Licensed Clinical Behavioral Health Provider (see below)
 - o Trained ancillary personnel, as permitted by payer policy
- These codes are not exclusive to BHI models, but can be effectively integrated into BHI workflows to support early identification and intervention for substance use and behavioral health concerns.
- For comprehensive coding guidance and documentation standards, consult SBIRT-specific billing resources, including payer guidelines and professional association recommendations.
- The American Academy of Pediatrics (AAP) provides a curated list of behavioral health screening tools suitable for use in primary care settings here.

Code & Service	Time	Description	Required Documentation	Provider Types		
Screening, Brief	creening, Brief Intervention, and Referral to Treatment (SBIRT)					
99408	15 to 30	Adolescents and adults	Ensure that the assessment is administered	1. Independently Licensed		
(Commercial)	minutes	For structured screenings and	and scored using a standardized instrument, and the results are documented	2. Insurer Enrollment/ Credentialing		
G0396		brief interventions related to	appropriately evaluation and treatment of	Physician (MD, DO)		
(Medicare)		alcohol and/or substance abuse.	alcohol and/or substance abuse last 15-30	Nurse Practitioner (NP)		
			minutes.	Physician Assistant (PA)		
Alcohol and/or		Different CPT code for Medicare		Social Worker (LCSW)		
substance		and Commercial. Different CPT		Psychologist (PsyD, PhD)		
abuse		codes for length of time.		Marriage and Family Therapist (LMFT)		
structured				Clinical Counselor (LPCC)		
screening and						
brief						
intervention				Certified Nurse Midwife (CNM) &		
services				Certified Nurse Specialist (CNS) -		
99409	> 30	Appropriate for longer SBIRT	Ensure that the assessment is administered	Accepted by Medicare Only and some		
(Commercial)	minutes	interventions in primary care.	and scored using a standardized instrument,	Medicaid plans		
			and the results are documented			



Code & Service	Time	Description	Required Documentation	Provider Types
G0397			appropriately evaluation and	
(Medicare)			treatment of alcohol and/or substance abuse	
			lasting more than 30 minutes.	
Alcohol and/or				
substance				
abuse				
structured				
screening and				
brief				
intervention				
services				
H0049	Not timed	Adolescents and adults	Ensure that the assessment is administered	
(Medicaid)	Event-based	(Medicaid only)	and scored using a standardized instrument,	
Alaskalas I/as			and the results are documented	
Alcohol and/or		For structured screenings and	appropriately evaluation and treatment of	
drug screening		brief interventions related to	alcohol and/or substance abuse.	
H0050	Per 15	alcohol and/or substance abuse. HCPCS code used to bill for brief	Clear linkage between diagnosis and convice	
(Medicaid)	minutes	substance use interventions.	Clear linkage between diagnosis and service. Consent forms and group rosters (if	
Alcohol and/or	illillutes	substance use interventions.	applicable). Telehealth consent when services	
drug screening,		Limits on units per session or	are remote.	
brief		treatment cycle may apply.	are remote.	
intervention		Treatment cycle may appry.		
intervention		Not separately priced by		
		Medicare Part B, but often		
		reimbursed under Medicaid.		

IV. Dyadic Services

• Dyadic services refer to a family- and caregiver-focused model of care that supports both the patient (e.g., a child) and their caregiver (e.g., a parent). Together, they form the "dyad."



- The California Department of Health Care Services (DHCS) added <u>dyadic services</u> as a covered benefit effective January 1, 2023. These services are available to Medi-Cal members through both fee-for-service (FFS) and <u>managed care plans (MCPs)</u>, with a primary focus on child health and development.
- Good fit for organizations providing integrated care to pediatric populations, especially those serving children ages 0–5 and their caregivers.

Code & Service	Time	Description	Required Documentation	Provider Types		
Medi-Cal Dyadic	Medi-Cal Dyadic Services					
H1011 Dyadic Behavioral Health (DBH)	Per visit (not timed)	behavioral health history, observation, mental status assessment, SDOH screening.	For children under 21 and their parent(s)/caregiver(s)—regardless of Medi-Cal eligibility—dyadic services must conform to all existing requirements. Documentation in the medical record should include:	1. Independently Licensed 2. Insurer Enrollment/ Credentialing Physician (MD, DO) Nurse Practitioner (NP) Physician Assistant (PA)		
Child Visit H2015 Dyadic Community Supports	Per 15 minutes	*Must follow Bright Futures periodicity schedule. For care coordination, resource navigation, and service plan support. *Max 24 units/year and billed with U1 modifier.	 Date and duration of services Specific dyadic services provided with associated CPT/HCPCS codes Identified needs, issues, and follow-up recommendations Justification of medical necessity Applicable diagnosis(es) 	Physician Assistant (PA) Social Worker (LCSW) Psychologist (PsyD, PhD) Marriage and Family Therapist (LMFT) Clinical Counselor (LPCC) Associate-level provider types may render dyadic services under the		
H2027 Dyadic Psychoeducati onal Services	Per 15 minutes	Structured interventions to prevent or address behavioral health issues. *Max 24 units/year and billed with U1 modifier.	 Discussion or development of a dyad service plan, if relevant Any additional information needed to support the services rendered 	supervision of a licensed, enrolled Medi-Cal provider who submits claims on their behalf.		
T1027 Dyadic Family Training & Counseling	Per 15 minutes	Brief counseling on parenting, child development, and caregiver-child interaction. *Max 24 units/year and billed with U1 modifier.				



Code & Service	Time	Description	Required Documentation	Provider Types
*Refer to DHCS Dyadic Service Manual for billing guidelines.				

Appendix: California Health Plans and Behavioral Health Management

- Data current as of July 2025.
- Covers the different health insurance providers in California, including Medi-Cal and private insurers.
- Explores organizations that oversee mental health and substance use treatment services.
- Highlights how health plans and behavioral health entities collaborate to ensure comprehensive patient care.

California Managed Medi-Cal Plans* and MBHO					
Managed Care Plan (MCP)	Managed Behavioral Health Organization (MBHO)	Managed Care Plan (MCP)	Managed Behavioral Health Organization (MBHO)		
Alameda Alliance for Health	In-House	Health Net Community Solutions	In-House		
Anthem Blue Cross Partnership Plan	Carelon Behavioral Health	Health Plan of San Joaquin	Carelon Behavioral Health		
Blue Shield of California Promise Health Plan	In-House	Health Plan of San Mateo	In-House		
CalOptima	In-House	Inland Empire Health Plan	In-House		
CalViva Health	MHN (Health Net)	Kaiser Permanente	In-House		
Care 1st Partner Plan	In-House	Kern Family Health Care	In-House		
CenCal Health	In-House	L.A. Care Health Plan	Carelon Behavioral Health		
Central California Alliance for Health	Carelon Behavioral Health	Molina Healthcare of California Partner Plan	In-House		
Community Health Group Partnership Plan	In-House	Mountain Valley Health Plan	In-House		
Community Health Plan of Imperial Valley	MHN (Health Net)	Partnership Health Plan of California	Carelon Behavioral Health		
Contra Costa Health Plan	In-House	San Francisco Health Plan	Carelon Behavioral Health		
Gold Coast Health Plan	Carelon Behavioral Health	Santa Clara Family Health Plan	In-House		



California Managed Medicare Plans and MBHO				
Managed Care Plan (MCP)	Managed Behavioral Health Organization (MBHO)	Managed Care Plan (MCP)	Managed Behavioral Health Organization (MBHO)	
Anthem Blue Cross Partnership Plan	Carelon Behavioral Health	L.A. Care Medicare Advantage	Carelon Behavioral Health	
Blue Shield of California	Carelon Behavioral Health	Molina Healthcare Medicare Complete Care Plus	Magellan	
CalOptima (Orange County)	In-House	SCAN Health Plan Medicare Advantage	In-House	
Kaiser Permanente Medi-Cal	In-House			

California Commercial Medicare Plans and MBHO			
Managed Care Plan (MCP)	Managed Behavioral Health Organization (MBHO)	Managed Care Plan (MCP)	Managed Behavioral Health Organization (MBHO)
Aetna	In-House	Kaiser Permanente (North & South)	In-House
Anthem/Elevance	Carelon Behavioral Health	Sharp Health Plan	Magellan Health
Blue Shield of California	Magellan Health	United Healthcare of California	Optum Health
Cigna	Evernorth (In-House)	Western Health Advantage	Optum Health
Health Net	In-House		