Practice Facilitation



SKILLS WORKSHOP

Creating QI Plans with Practices







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Utilizing your coach support network



- Ask and offer another practice facilitator...
 - how to overcome a similar challenge.
 - perspective on a difficult situation.
 - a tool or resource used successfully.
 - expertise on a particular subject.
 - celebration!



Today's Agenda

- 1. Review the Phases of Transformation.
- 2. What is a QI (Transformation) Plan?
- 3. What are some transformation plan examples and templates I can use?
- 4. How can I work with a practice to develop a plan?





POLL: What experience do you have in developing micro-aims or QI plans with PTI practices?

- What is a micro-aim or QI plan?!?!
- I know what they are, but haven't yet developed any with my practices.
- I've developed a few, though I could use some help making them better.
- I've developed several and feel confident doing it.



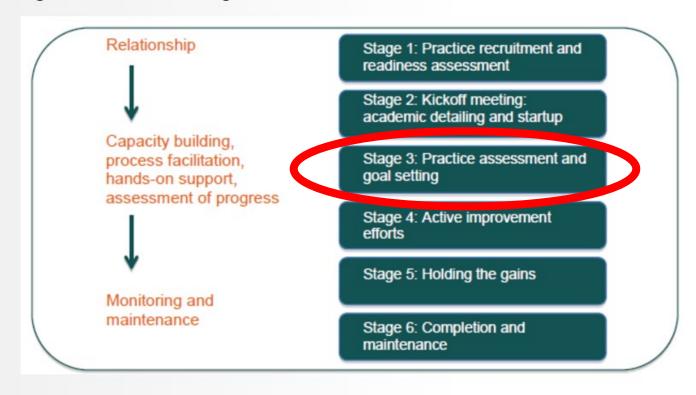


Moving from Transformation Phase 1 to Phase 2



	Change Concep t Ref		O Driver 2.1 Enga	0 1 Driver 2.1 Engaged and Committed Leadership		3	
18	2.1.2	specific clinical outcomes and	Practice has not yet begun developing its transformation vision and detailed plan	Practice is beginning to develop a vision and plan that addresses goals of transformation but aims	Practice has developed a plan that addresses goals of transformation with specific aims but has not yet detailed how the aims will be addressed.	Practice has developed and shared a vision and detailed plan that addresses goals of transformation with specific clinical outcomes and utilization aims along with the detail on how each of the aims will be addressed.	

Figure 3.1. Common stages in a practice facilitation intervention



Source: Adapted from Knox, 2010.

AHRQ Practice Facilitation Handbook: https://www.ahrq.gov/professionals/prevention-chronic-care/improve/system/pfhandbook/mod3.html







What is a QI plan?



QI Plan Components

https://www.ahrq.gov/professionals/prevention-chronic-care/improve/system/pfhandbook/mod14.html

Who

When

What

How

QI Team members with diverse representation

Roles and commitments

Meeting Schedule: dates/times and frequency Statement of the quality vision

SMART Goals [Micro-Aim Statement] and key activities [Driver Diagram]

Description of the program structure

Process to drive improvement (example = MFI, PDSA)

Documentation of PDSAs and improvement efforts

Monitoring of current and ongoing status and evaluation

Acquisition and reporting of data

	Change Concept Ref	Milestone	0	1	2	3
			Driver 2.1 Enga	ged and Committed Leadership		
18	2.1.2	Practice has developed a vision and plan for transformation that includes specific clinical outcomes and utilization aims that are aligned with national TCPI aims and that are shared broadly within the practice.	developing its transformation vision and detailed plan.	vision and plan that addresses goals of transformation but aims are not	Practice has developed a plan that addresses goals of transformation with specific aims but has not yet detailed how the aims will be addressed.	Practice has developed and shared a vision and detailed plan that addresses goals of transformation with specific clinical outcomes and utilization aims along with the detail on how each of the aims will be addressed.

CMS' 5 Key Elements of an Aim

Practice has developed and shared a vision

and detailed plan that addresses

goals of transformation with specific clinical outcomes and utilization aims along with

detail on how each of the aims will be addressed.

the

Vision

Goals of Transformation

Clinical Outcomes Aims

Utilization Aims

Detail on how each aim will be addressed

QI Plan Components

CMS Requirements

Who

When

What

How

QI Team members with diverse representation

Roles and commitments

Meeting Schedule: dates/times and frequency Statement of the Quality Vision

SMART Goals [Micro-Aim Statement] and key activities [Driver Diagram]

CLINICAL OUTCOMES
UTILIZATION AIMS

Description of the program structure

Process to drive improvement (example = MFI, PDSA)

Documentation of PDSAs and improvement efforts

Monitoring of current and ongoing status and evaluation

Acquisition and reporting of data



Think about a practice that has changed / transformed.

POLL: Which of these components were the <u>MOST</u> <u>SIGNIFICANT</u> to their change?

Vision

Goals of Transformation

Clinical Outcomes Aims

Utilization Aims

Detail on how each aim will be addressed







Think about a practice that has changed / transformed.

POLL: Which of these components were the <u>LEAST</u> <u>SIGNIFICANT</u> to their change?

Vision

Goals of Transformation

Clinical Outcomes Aims

Utilization Aims

Detail on how each aim will be addressed







What are some great examples and templates?



CCNC

Adult Family Practice Vision: Providing the highest quality care to our patients and families that is accessible, affordable and patient- centered.

AIM Statement: By September 2019, our clinicians and practice staff will work as a team to complete all 5 stages of transformation and be prepared to thrive in a value-based healthcare environment. We will provide patients the care they want and need that is safe, appropriate, and effective at reasonable cost.

Our Clinicians will: 1) achieve sustained improvement in practice efficiency and quality of care, and

2) demonstrate savings through reduction of unnecessary testing and avoidable hospital use.

Our Patients will: 1) use more preventive services,

- 2) engage in better management of chronic conditions,
- 3) experience better health outcomes, and
- 4) report greater satisfaction with care received.

We will accomplish this by:

- Training our clinicians/staff on the MFI QI methodology through resources provided by our PTN coach
- Implementing evidence based protocols specific to our identified clinical outcomes
- Educating clinicians & implementing select Choosing Wisely guidelines to decrease unnecessary testing/procedures
- Using a web based patient satisfaction survey to capture patient feedback and identify areas of focus
- Capturing a combination of claims and EHR data to drive improvement, monitor trends and evaluate progress toward our goals
- Completing a Pharmacy Medication Management Needs Assessment to identify top areas of focus to work on with our Network Pharmacist
- Defining our medical neighborhood and formalizing lines of communication to ensure flow of information and clear transitions in care
- Reaching out to community partners and identifying community and referral resources

CCNC

Measure	Domain	Baseline	YR 3 Target Improvement
Breast Cancer Screening	Preventive Care/Clinical	х	HEDIS 90 th percentile
Tobacco use: screening and cessation intervention			HEDIS 90 th percentile
(adults) (NQF 0028)	Preventive Care/Clinical	X	
Controlling High BP for (NQF 018)	Disease Management/Clinical	х	HEDIS 90 th percentile
Diabetes A1c control (NQF 59)	Disease Management/Clinical	Х	HEDIS 90 th percentile
Adherence to Chronic Medications for Patients		Х	5% over baseline
with Multiple Conditions	Disease Management/Claims		
Total Risk-Adjusted Medicaid Costs (PBPM)	Cost & Utilization/Claims	Х	Reduce Spending to >5% below expected
Medicaid ED Visit Rate, Risk-Adjusted	Cost & Utilization/Claims	Х	Reduce ED visits to >5% below expected
Risk Standardized All Condition Readmissions	Cost & Utilization/Claims	Х	Reduce all cause readmissions by 5% of baseline
Use of Imaging Studies for Low Back Pain	Cost & Utilization/Claims	Х	5% improvement over baseline
Patient Satisfaction: Quality of Providers' Communicate with Patients (Composite Score)	Patient Experience/Pt Report	Х	Reach CAHPS 75 th percentile
Patient Satisfaction: Attention to Your Child's Growth and Development (Composite Score)	Patient Experience/Parent Report	Х	Reach CAHPS 75 th percentile
Patient Satisfaction: Urgent care appointments scheduled as soon as needed	Patient Experience/Parent Report	Х	Reach CAHPS 75 th percentile

WADOH

P-TCPI CLINIC AIM STATEMENT

Purpose

This Aim Statement encompasses what the clinic/clinician will achieve upon the completion of the Pediatric Transforming Clinical Practice Initiative. Participating clinics/clinicians will have many, many aims throughout the initiative—all leading to this Aim.

Instructions

The draft Aim below serves as a guide as you develop your own statement and improvement measures. You are welcome to change the statement to align with your own quality and business goals or copy this one as yours. Yellow highlights indicate areas you may want to focus on for individualizing your own Aim.

NW Spokane Pediatrics

1/25/17

AIM: By the end of September 2019, we aim to transform our system of care to one that demonstrates value for payment through improved performance measures of well-child visit and immunization rates and asthma medication management; and decreased avoidable ER visits.

Our measures of success in achieving the aim include:

- Avoidable ER visits will decrease by 10% by 2019
- 100 % of our clinicians/practice teams will achieve level 5 of the Five Phases of Transformation by June 2019
- Obtain EMR system; that is simplistic, meet requirements of CMS, Technical assistance, Meaningful
 use, pediatric focused, efficient training for staff, By May 2017

We will achieve this by:

Using the P-TCPI resources to guide us. This includes completing the Practice Assessment Tool every six months and developing work plans and tests of change with our regional transformation team's help and ongoing support. We will use Molina claims data and our own EHR data to track our improvement. We will include our patients/families and staffin co-creating the changes for how we deliver care to achieve the measures of success.



Think about a practice plan you are working on.

POLL: Which of these components needs the most focus?

Vision

Goals of Transformation

Clinical
Outcomes Aims

Utilization Aims

Detail on how each aim will be addressed







Guiding a Practice

Guidelines

Template - Optional

Examples

Template - Required

GUIDELINES FOR QI AIMS & PLAN

VISION

A onesentence statement describing the clear and inspirational long-term change, resulting from your work.

Questions to consider:

- What is your dream endstate?
- In a perfect world, what would this look like?
- What would success look like?

MEASURES

Select several measures including at least 1 in each of the following areas:

- -Clinical
 Outcomes
- -Unnecessary Testing
- -Unnecessary Hospital Utilization
- -Patient and Family Engagement

Identify current performance and data source.

GOALS

Reference current performance, benchmarks, and organizational goals.

Define longterm (~3 years) performance goals and/or relative improvement goals.

PLAN

For each measure:

- ☑ Identify a time period for focus.
- ☑ Identify change interventions utilizing primary and secondary drivers of transformation.

STRATEGIES

Describe strategies to improve staff experience and iov in work.

Some strategies will be directly related to change interventions identified in the plan.



PTN Examples

Alabama Physician Alliance Practice Transformation Network (BHSALA)

Phase 1 Practice Transformation Plan

	Pra	nctice Name Process Improve	eme	nt Spe	ecialist Date				
		ice has developed a vision and plan for transforn atton aims that are aligned with national TCPI aim							
	Shared Vision (check one)								
0	Deliver quality care that is effective, efficient, and accessible at a lower cost and higher value to the patients, providers, and payers.								
0									
0		a patient-centered culture to improve patient ou ng duplication of efforts and unnecessary testing							
0	Other:								
		Goals for Transformati	on (check a	II that apply)				
	445		٠ (
		Description & professions			oordinated care delivery				
		Respect values & preferences			Manage care transitions				
		Listen to patient & family voice			Establish medical neighborhood roles				
		Collaborate with patients			Cultivate coordinated care				
		Be aware of language & culture			Ensure quality referrals				
0	1.2 Bu	ild team-based relationships			Manage medication reconciliation				
		Enhance teams		1.6 Or	rganized, evidence-based care				
		Clarify team roles			Consider the whole person				
		Optimize continuity			Implement evidence-based protocols				
		Define specialty-primary care roles			Decrease care gaps				
п	1.3 Pc	pulation management			Reduce unnecessary tests				
_	п	Assign to panels	п	1.7 Pr	rovide enhanced access to patients				
	_	Assign accountability	_	п	Provide 24/7 access				
	_	Stratify risk		_	Meet patient scheduling needs				
	_	Develop registries		_	Create patient-centered space				
	п	Identify care gaps		П	Mitigate access barriers				
п	_	stablish practice as a community partner		_					
-		Discover community health needs							
		Involve practice in community collaboration							
		Identify social determinants							
		Use and share community resources							
	п	Be transparent							

Alabama Physician Alliance Practice Transformation Network (BHSALA) Phase 1 Practice Transformation Plan

PTN Clinical Outcome Aims (check all that apply)									
□ PQRS1: Diabetes: HbgA1c Poor Control: 5% improvement									
□ PQRS128: Preventive Care & Screening: BMI screening and follow-up plan: 2% improvement									
□ PQRS134: Preventive Care & Screening: Clinical depression screening and follow-up plan: 5% improvement									
□ PQRS226: Preventive Care & Screening: Tobacco use screening and cessation intervention: 5% improvement									
□ PQRS236: Controlling High Blood Pressure: 2% improvement									
□ PQRS53: Asthma: Pharmacologic Therapy for Persistent Asthma – Ambulatory Care Setting: 5% improvement									
□ PQRS204: Ischemic Vascular Disease (IVD): Use of aspirin or another antithrombotic: 5% improvement									
Practice-specific Aims (check all that apply)									
☐ Improve Transition of Care protocols to reduce hospital readmissions									
☐ Increase Patient Portal usage to enhance access									
□ Accurately capture and report data to close care gaps									
□ Implement Care Guidelines									
□ Prioritize team huddles □ Foster team-based care									
☐ Poster team-based care ☐ Develop community resource list for patients									
□ Optimize EHR capabilities									
□ Become more efficient and organized									
□ Other:									
Plan of Action (check all that apply)									
PTN Resources Due Date									
□ PDSA/5S/Lean/Six Sigma									
□ Implement tracking system									
□ Begin utilizing Care Guidelines									

The specific utilization of service aims (and savings targets):

The costly treatment of progressing diseases makes it imperative that we set preventive maintenance goals, which will translate to cost savings down the line.



Sample Practice's Practice Plan Summary

Based on Assessment Completed On: 7/26/2016

Target Date of Next Assessment: 1/22/2017

Our Vision

Our practice will support TCPi's goal of improving health outcomes for millions of Medicare, Medicaid, and CHIP beneficiaries and other patients by decreasing our hypertension (bp140/90) by percent. We aim to complete this by January 2018.

Action Items - Core Aims/Measures:

Aim / Measure	Baseline	Target		
, and , incostic	Measurement	Year 1	Year 4	
Hypertension (BP140/90)	50.0%	55.0%	80.0%	
Tobacco Use: Screening and Cessation Intervention	80.0%	82.0%	90.0%	
Adult Body Mass Index (BMI) Assessment	90.0%	92.0%	95.0%	
Screening for Clinical Depression and Follow-Up Plan	40.0%	60.0%	90.0%	
Ambulatory Care-Sensitive Conditions: Acute Conditions (In Cases per 1,000)	40.0	35.0	20.0	
30 day all-cause Hospital Readmissions	100.0	80.0	50.0	
ED Utilization For Ambulatory Care-Sensitive Cond's	6.0%	4.0%	2.0%	
Utilization of Imaging for lower back pain	10.0%	8.0%	6.0%	
Imaging for lower back pain	\$15,000	\$12,000	\$9,000	
Total Cost of Care (TCoC), with Resource Use Index (RUI)	\$1,000,000	\$800,000	\$700,000	
CAHPS	10.0%	15.0%	25.0%	

Action Items - Additional/Optional Aims/Measures:

Aim / Measure	Baseline Measurement	Target		
	ivieasurement	Year 1	Year 4	
Community and Social Risk	50.0%	40.0%	30.0%	

Phase	PAT Quest ion Numb er	Curr ent Scor e	Milestone	Current Score - Description	Actions	Target Completi on Date	Driver
1	13	0	includes specific clinical	Practice has not yet begun developing its transformation vision and detailed plan.	Develop vision and plan for transformation.		2.1.2
2	1	0	Practice has met its targets and has sustained improvements in practice- identified metrics for at least one year.	track that are related	Develop a regular monitoring program for the metrics defined.		None
2	7	0	,	Practice does not have a defined process for identifying patient risk level.	Define process for identifying high risk patients		1.3.3
2	8	1	referrals to appropriate	establishing communication with	Establish a referral process and implement it using the knowledge base.		1.4.4



TEMPLATE: Practice QI Aim & Plan

		PRACTICE QUALITY IMPROVEMENT AIN							
PRACTICE NAME:		DATE:				PRACTICE FACILITATOR:			
PRACTICE VISION									
PERFORMANCE	MEASURE SET	MEASURE SET MEASURE	CURRENT	DATA	GOAL	PLAN			
CATEGORY (Select at least 1 measure in each category.)		Bolded = QPP High Priority Measure	PERFORMANCE	SOURCE		Year / Quarter	Change Interventions (Primary & Secondary Drivers)		
CLINICAL	Asthma	☐ Medication Ratio: Ages 5-64							
OUTCOMES									
	Diabetes Care	□ Blood Pressure Control □ Eye Exam □ HbA1c Control □ HbA1c Poor Control □ HbA1c Testing □ Nephropathy Monitoring							
	Hypertension	☐ Controlling Blood Pressure: Ages 18- 85							
	Other								
UTILIZATION: Unnecessary	Cervical Cancer Screening	☐ Overscreening ☐ Underscreening							
Testing	Overuse of Imaging Studies for Low Back Pain	☐ Overuse of Imaging Studies for Low Back Pain							
	Other								
UTILIZATION: Unnecessary Hospital Visits	Inpatient	☐ Average Length of Stay ☐ Bed Days ☐ Discharges							
	ED Visits	PMPY							
	Other								
PATIENT & FAMILY ENGAGEMENT									
STRATEGIES FOR IMPROVING STAFF EXPERIENCE & JOY IN WORK									



POLL:

Which of these would most help your practices develop a QI Plan to score a 3 on PAT Question 18?

Examples

Guidelines

Organizational Template

No help needed Something else?





How can I work with a practice to develop a QI plan?



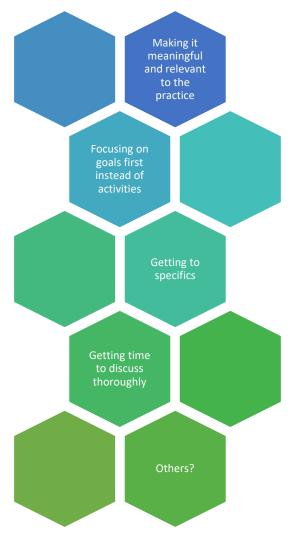


POLL:

Think of a recent challenge you had in developing a QI plan with a practice.



Common Challenges





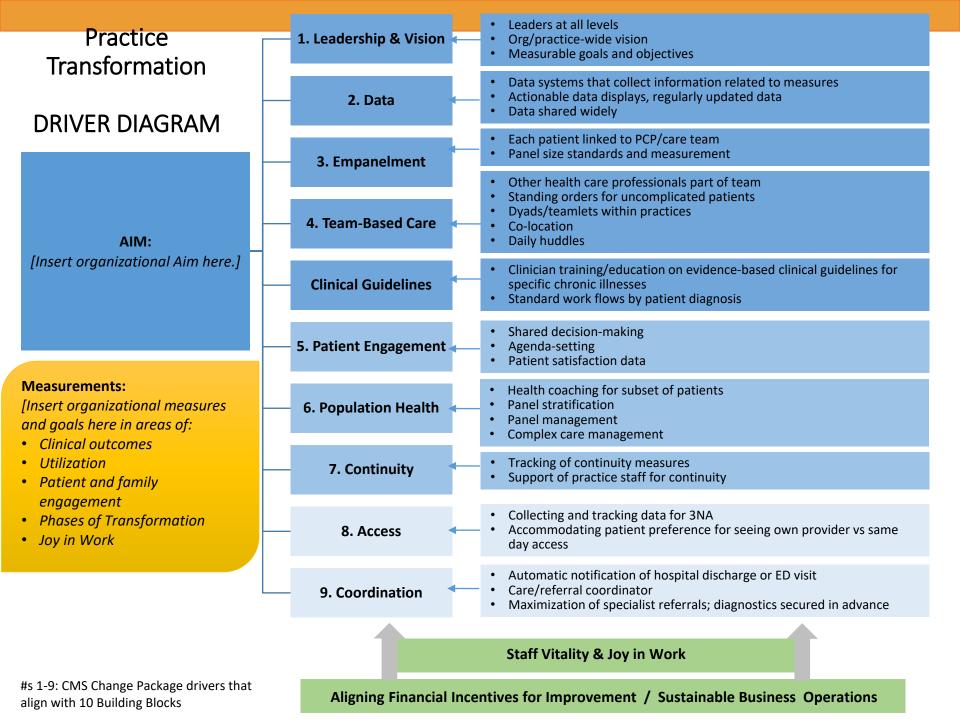
"Coaches offer a **structure**, **time**, and **place** for practices to **solve their own problems**."

Humboldt Del Norte Foundation, a Robert Wood
 Johnson Aligning Forces for Quality participant



Tools to Use When Developing a Plan

- Aim Statement
 - Purpose and Components
 - Organizational Aim Statement
- Driver Diagram
 - Purpose and Components
 - PTI Driver Diagram
- PAT Baseline Data
- PTI Portal Data
- Performance Benchmarks

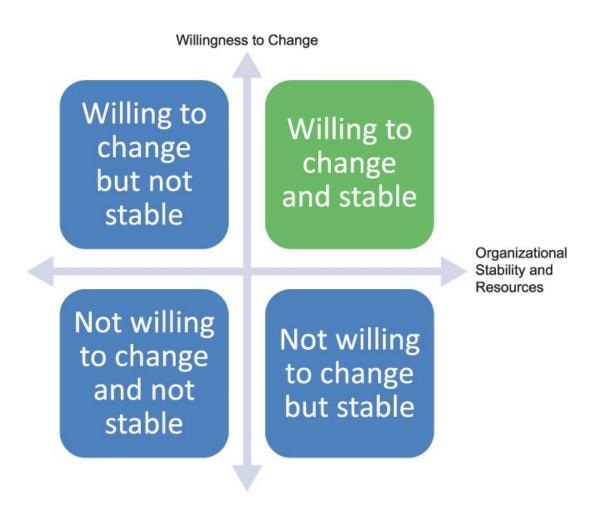




Checklist: Developing a QI Plan

- ✓ Is the practice willing to change? Ready to change?
- ✓ Has the PAT Baseline been completed?
- ✓ When in the relationship will I introduce and develop the QI plan?
- ✓ Have I reviewed the purpose of the Aims and Plan?
- ✓ Have I shared the organizational aim statement?
- ✓ Have I offered examples, guidelines, and/or template?
- ✓ Have we as a team discussed the practice perspective and priorities?
- ✓ Have we balanced organizational and practice priorities?
- ✓ Who will create the 1st draft coach or team member?
- ✓ How will we make revisions and finalize?

Practice Readiness to Engage



https://pcmh.ahrq.gov/page/engaging-primary-care-practices-quality-improvement-strategies-practice-facilitators



IDEA: Practice Readiness Checklist

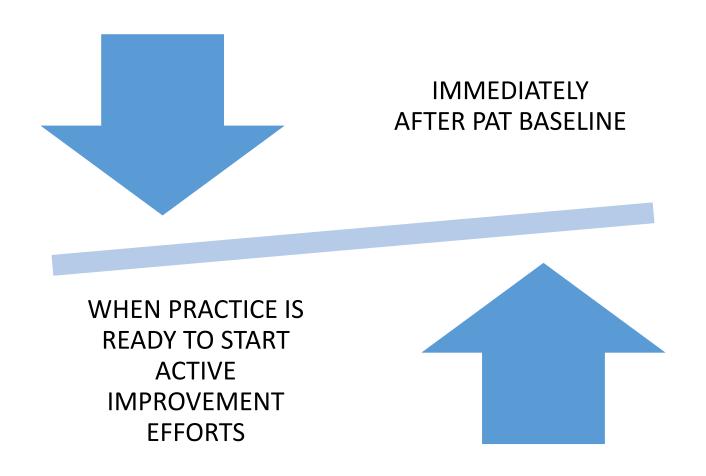
Figure 12.2. Checklist for assessing practice readiness

- Practice or organizational leadership is interested in specific or general improvement as evidenced by request for assistance or receptivity to receiving facilitation to support improvement.
- Practice or organizational leadership is willing to participate in ongoing communication with the practice facilitator and participate on the quality improvement team.
- Practice or organization is willing and able to identify an "improvement" champion who will be the practice facilitator's point person.
- Leadership is willing to provide protected time for key staff to engage in improvement work.
- ☐ Team members are willing to meet regularly as a quality improvement team, and members follow through with this plan.
- ☐ Team members are willing to gather and report data on practice performance on key metrics.
- Practice has sufficient organizational and financial stability to avoid becoming too distracted or overwhelmed by competing demands or financial concerns.
- Practice is not engaged in other large-scale improvement projects and does not have other demanding competing priorities.

Create your own readiness criteria and checklist for the organization and project.

https://www.ahrq.gov/profession als/prevention-chroniccare/improve/system/pfhandboo k/mod12.html#fig12.2

When should I create a QI plan with a practice?





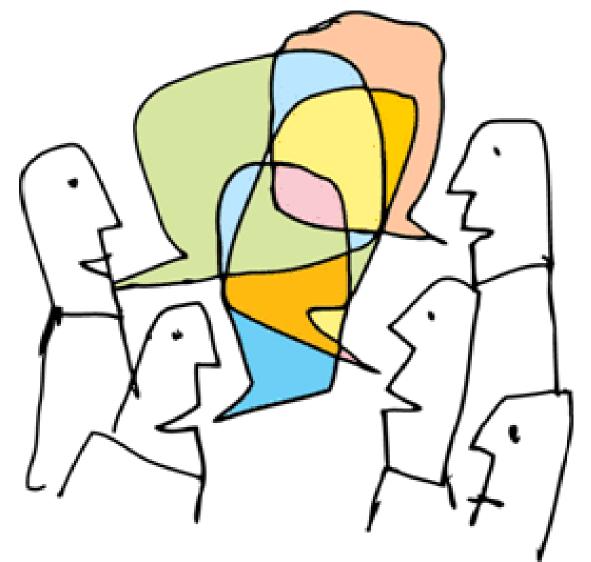
Follow-up Considerations

How will the PF team document QI Plans? Electronic? For individual practices and in aggregate (all practices)?

How will you answer the question – what are the practices working on? What are the practices achieving?

How will you monitor progress – with a practice? Across practices?

What would you use?



What else do you need?







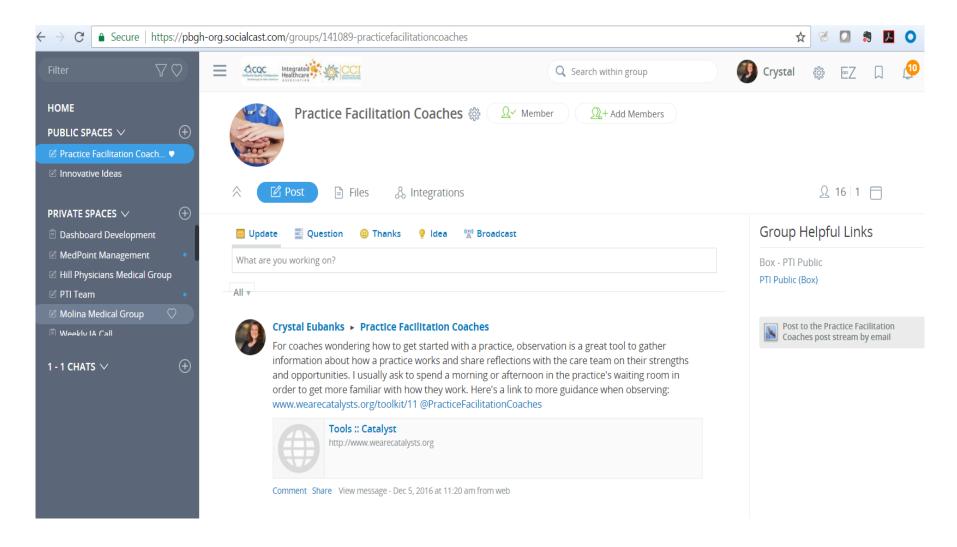


POLL:

What will you transfer into your work from this workshop today? And how you will know the transfer has been successful?



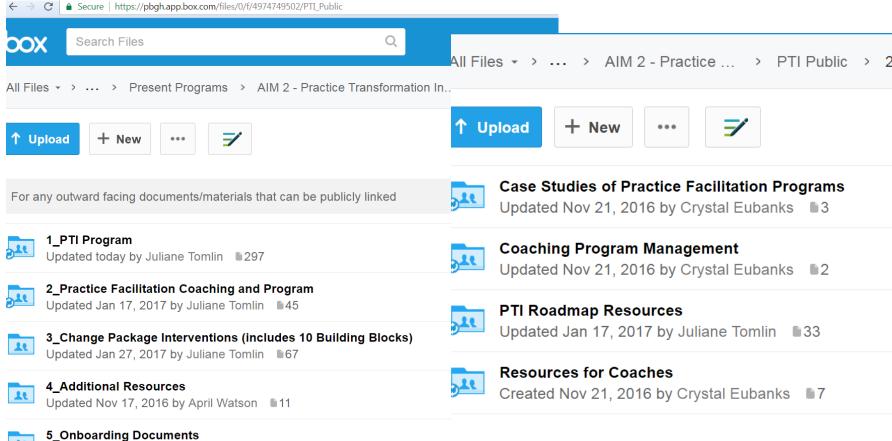
Connect with coaches on Socialcast





Digital Resource Library





Updated Jan 4, 2017 by Crystal Eubanks 17









UPCOMING EVENTS

- April 19th @ 1pm: Share & Learn
 Webinar Patient & Family
 Engagement
- May 4th @ 10am: Practice
 Facilitation Skills Workshop



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Share your feedback here:

https://www.surveymonkey.com/r/pti-pfsw-04-17

